

Camp Fees

Resident - \$575

Fees Cover instructions, all meals, lodging and transportation.

Commuter - \$480

Fees Cover instruction, and lunch.

A \$200 non-refundable deposit is required. See Registration form for more information.

Bar Release "Add-On"

Offered for level 8's and up. 2 to 2.5 hours of training two nights during the week, and an entire additional day of training focusing solely on release moves on bars. Limited to the first 15 gymnasts.

Cost: \$160.00

Developmental Bar "Add-On"

Offered for level 5, 6 and 7's. 2 to 2.5 hours of training two nights during the week, and an entire additional day of training focusing solely on skills for bars. Limited to the first 15 gymnasts.

Cost: \$160.00

Mom's are you interested in coming to camp. Inquire about the



**Mom to
Camp
Program.**

If you are

interested in more information on this program call 630.325.3333 or email us at info@igymnastics.com.



2009 IGI CHICAGO STYLE GYMNASTICS CAMP

145 Plaza Drive
Westmont IL 60559

Phone: 630 325 3333

Fax: 630 325 1992

Email: info@igymnastics.com



Chicago Style Gymnastics Camp

June 21—June 25, 2009

Special Guest Coaches!

Tammy Biggs—National Team Coach

Neil Resnick—Boise State Coach

National Team Coach

Jeff Hunt—Southern Utah



630 325 3333

"Chicago Style"

In 2001, Illinois Gymnastics Institute moved into a new 35,000 sq. ft. facility designed to provide FOCUSED gymnastics training in a SAFE, PROGRESSION ORIENTED environment. Our efforts to facilitate fun, excitement and teamwork in all aspects training have been a catalyst to many other programs. By integrating Nationally competitive staff members, National Team Members, Elite athletics, Collegiate athletes and International Competitive experiences, we're prepared to help our campers reach their training and development goals.

How can all this be done in one week?

Well, the reality is that the discipline necessary to achieve the intended results must be brought back with the athletes into their own gym. That's why we encourage entire TEAMS to join us for the week. Including their coaches. This can help the athletes bring as much of the "feel" back with them along with new drills, training ideas, and camaraderie.



Why "Chicago Style" Gymnastics Camp?

It is our belief we have compiled a top notch coaching staff with an incredible training facility at a reasonable cost. Not to mention it's a ton of fun.

Housing Information

Resident Campers will be staying 5 miles away in the Marriott Hickory Ridge Hotel. All meals are provided, lunches are served at the training campus. Campers may purchase a variety of items from the camp store (grips, leotards, snacks, etc.) For your convenience money can be placed in an individual account ahead of time (cash or check only). This money may also be used for miscellaneous items such as snacks, souvenirs, etc. during our evening activities. All remaining funds are returned prior to lunch on Thursday.

Activities

IGI's campers are not limited in their election of evening activities. For resident and commuter campers, all evening activities (including admission fees) are provided by Chicago Style Gymnastics Camp.

Typically there is a night for bowling, skating, swimming and open gym time. During previous years we have also designed t-shirts, had scavenger hunts, etc. It really depends on the personalities of the campers each week.

Staff

Our Staff is comprised of many highly-skilled coaches from private club and college who coach all levels from beginner to elite, as well as our very own coaching staffs..

Due to a limited enrollment, it is suggested that gymnasts interested in attending should register and reserve a space as soon as possible.

Rules and Regulations

All campers must abide by the Rules and Regulations of the Chicago Style Gymnastics Camp. Campers are required to attend all sessions and activities. Any serious violation will result in immediate dismissal from camp without refund.

Payment and Refund Policy

Before May 1, 2009, personal checks will be accepted as payment for all camp fees. A \$200.00 deposit is due when you submit your application. The remainder of your balance is due May 1, 2009, or a \$50.00 late fee will be added to the balance.

After May 1, 2009, applications will still be accepted but must be submitted with total fee.

Cancellations must be received in writing by May 20, 2009, in order to received a full refund less the deposit.

Please remember: Enclose application deposit of \$200.00 per camper for application processing, designate Commuter, or Resident and

Mail to:
IGI Chicago Style Gymnastics Camp
145 Plaza Drive,
Westmont IL 60559

CAMP APPLICATION

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

Parent's Name _____

Age _____ Birth date _____ Level _____

E-mail Address _____

Gym _____

Phone _____ Coach _____

Camp Session _____ June 22—June 25

Resident

Commuter

_____ Bar Release Add On June 26

Deposit Amount \$ _____ Check _____
(\$200.00 Non Refundable Deposit)

T-Shirt Size: YM YL AS AM AL

Have you attended Chicago Style Camp Before?

Yes

No

Make Checks or Money Orders Payable to:

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